

MAY

Lunch



KIDS COMMUNITY COLLEGE CHARTER L2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
April 30, 2018	May 1, 2018	May 2, 2018	May 3, 2018	May 4, 2018
	CHEESE PIZZA ^ ROTINI BAKE WITH MEATSAUCE ^ Breadstick ^ Green Beans Orange Juice Choice of Milk	CHICKEN TACO VEGETARIAN CHILI WITH BEANS Corn Diced Peaches Tortilla Chips ^ Choice of Milk	BAGEL DOG ^ Mustard Ketchup Baby Carrots PEPPERONI PIZZA ^ Romaine Salad Fat Free Ranch Dressing (2) Fresh Fruit Choice of Milk	CHEESEBURGER Mustard CRISPY CHICKEN FILLET ^ BBQ Sauce Hamburger Bun ^ Refried Beans French Fries Mixed Fruit Cup Ketchup (2) Choice of Milk
May 7, 2018	May 8, 2018	May 9, 2018	May 10, 2018	May 11, 2018
CHICKEN TENDERS WITH POTATO WEDGES ^ BBQ Sauce Ketchup CHEESE PIZZA ^ Green Beans Orange Sorbet 100% Juice Choice of Milk	HOMESTYLE SALISBURY STEAK W/GRAVY RANCH TURKEY BURGER Ketchup Hamburger Bun ^ Mashed Potatoes SunSet Sip Juice Mixed Fruit Cup Choice of Milk	CRISPY CHICKEN FILLET ^ Hamburger Bun ^ BBQ Sauce TURKEY BOLOGNA SANDWICH^ Mustard Mixed Vegetables Grape Juice Choice of Milk	POT LUCK! Choice of Milk	PEPPERONI PIZZA ^ CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE ^ Breadstick ^ Broccoli Florets Light Ranch Dressing Fresh Fruit Choice of Milk
May 14, 2018	May 15, 2018	May 16, 2018	May 17, 2018	May 18, 2018
PIZZA DIPPERS ^ Marinara Dipping Sauce POPCORN CHICKEN ^ BBQ Sauce Country Blend Vegetables Mixed Fruit Cup Choice of Milk	HOT DOG Hot Dog Bun ^ Mustard MEATLOAF PANINI ^ Maple Baked Beans SunSet Sip Juice Diced Peaches Ketchup Choice of Milk	POT LUCK! Choice of Milk	RANCH TURKEY BURGER Mustard CRISPY CHICKEN FILLET ^ BBQ Sauce Hamburger Bun ^ French Fries Fresh Fruit Ketchup Choice of Milk	ROTINI BAKE WITH MEATSAUCE ^ Breadstick ^ CHEESE PIZZA ^ Green Beans Diced Pears Choice of Milk
May 21, 2018	May 22, 2018	May 23, 2018	May 24, 2018	May 25, 2018
CHICKEN NUGGETS WITH POTATO ROUNDS ^ BBQ Sauce Ketchup PEPPERONI PIZZA ^ SunSet Sip Juice Diced Peaches Choice of Milk	VEGETARIAN CHILI WITH BEANS Corn Muffin ^ MINI CORN DOGS ^ Mustard Ketchup French Fries Orange Juice Choice of Milk	TACO MEAT CHICKEN TENDERS WITH POTATO WEDGES ^ BBQ Sauce Ketchup Garden Vegetables Tortilla Chips ^ Pineapple Tidbits Choice of Milk	BBQ CHICKEN HOMESTYLE SALISBURY STEAK W/GRAVY Baby Carrots Light Ranch Dressing Hamburger Bun ^ Maple Baked Beans Fresh Fruit Choice of Milk	CHEESE PIZZA ^ TURKEY HAM & CHEESE SANDWICH ^ Crunchy Celery Sticks Light Ranch Dressing Broccoli Florets Fresh Fruit Choice of Milk **LAST DAY* EARLY RELEASE!
May 28, 2018	May 29, 2018	May 30, 2018	May 31, 2018	June 1, 2018
MEMORIAL DAY	SCHOOL IS OUT FOR SUMMER!!!	ENJOY YOUR BREAK!		

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

	CRISPY CHICKEN FILLET ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Refried Beans	122	0	0	0	0	76	22	7	0	7	0	2	20	2	V:1/2c L
	French Fries	103	4	1	0	0	30	16	0	0	2	0	6	0	0	V:1/2c S
	Mixed Fruit Cup	64	0	0	0	0	4	16	1	13	2	8	4	8	0	F:1/2c
	Ketchup (2)	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
05-07-2018	CHICKEN TENDERS WITH POTATO WEDGES ^	313	17	2	0	25	409	24	4	1	16	30	2	0	2	MMA:2oz G/B:1sv WG V:1/4c S
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	CHEESE PIZZA ^	374	14	7	0	31	658	40	3	3	20	91	0	517	2	MMA:2oz G/B:2.5sv WG V:1/4c RO
	Green Beans	30	0	0	0	0	2	6	2	2	1	21	10	33	1	V:1/2c O
	Orange Sorbet 100% Juice	70	0	0	0	0	5	19	3	15	0	600	60	60	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	05-08-2018	HOMESTYLE SALISBURY STEAK W/GRAVY	150	6	1	0	34	584	7	0	1	16	12	0	24	1
RANCH TURKEY BURGER		148	8	2	0	41	327	4	0	1	15	21	1	73	2	MMA:2oz
Ketchup		10	0	0	0	0	45	2	0	1	0	0	0	0	0	
Hamburger Bun ^		140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
Mashed Potatoes		79	0	0	0	0	275	17	1	1	3	0	59	39	0	V:1/2c S
SunSet Sip Juice		45	0	0	0	0	15	11	0	10	0	150	60	0	0	V:1/2c RO
Mixed Fruit Cup		64	0	0	0	0	4	16	1	13	2	8	4	8	0	F:1/2c
Choice of Milk		121	1	1	0	8	139	19	0	17	8	493	0	302	0	
05-09-2018	CRISPY CHICKEN FILLET ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	TURKEY BOLOGNA SANDWICH^	262	14	3	0	50	756	16	1	3	12	20	1	69	2	MMA:2oz G/B:2sv WG
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Mixed Vegetables	94	1	0	0	0	36	20	5	6	4	408	24	29	1	V:1/4c RO V:1/2c S
	Grape Juice	60	0	0	0	0	20	14	0	16	0	0	30	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

05-10-2018

POT LUCK!

286 14 8 0 38 650 29 2 3 13 90 0 281 1

Choice of Milk

121 1 1 0 8 139 19 0 17 8 493 0 302 0

05-11-2018

PEPPERONI PIZZA ^

340 12 5 0 26 709 39 3 2 16 52 0 341 2

MMA:1.5oz G/B:2.5sv WG
V:1/4c ROCHICKEN DIPPERS
W/TOMATO PARMESAN SAUCE ^

319 17 4 0 48 792 22 1 0 20 63 0 55 1

MMA:2.25oz G/B:1sv WG
V:1/2c RO

Breadstick ^

100 1 0 0 0 135 20 2 2 4 0 6 20 1

G/B:1sv WG

Broccoli Florets

9 0 0 0 0 8 2 0 0 1 47 29 15 0

V:1/2c DG

Light Ranch Dressing

30 2 0 0 5 55 2 0 1 0 0 0 0 0

Fresh Fruit

0 0 0 0 0 0 0 0 0 0 0 0 0 0

F:1/2c

Choice of Milk

121 1 1 0 8 139 19 0 17 8 493 0 302 0

05-14-2018

PIZZA DIPPERS ^

290 11 5 0 20 530 30 3 6 19 80 0 350 2

MMA:2oz G/B:2sv WG

Marinara Dipping Sauce

76 4 0 0 0 305 9 0 0 2 16 0 5 0

V:1/2c RO

POPCORN CHICKEN ^

255 14 3 0 22 388 16 3 1 16 33 0 0 2

MMA:2oz G/B:1sv WG

BBQ Sauce

25 0 0 0 0 50 7 0 4 0 0 0 0 0

Country Blend Vegetables

71 0 0 0 0 34 16 3 4 2 401 10 33 1

V:1/4c S V:1/2c O

Mixed Fruit Cup

64 0 0 0 0 4 16 1 13 2 8 4 8 0

F:1/2c

Choice of Milk

121 1 1 0 8 139 19 0 17 8 493 0 302 0

05-15-2018

HOT DOG

110 9 4 0 25 360 2 0 1 4 0 0 0 1

MMA:1.5oz

Hot Dog Bun ^

110 2 0 0 0 230 19 2 3 5 0 0 80 1

G/B:1.5sv WG

Mustard

5 0 0 0 0 20 0 0 0 0 0 0 0 0

MEATLOAF PANINI ^

300 10 3 0 40 753 30 3 3 21 35 2 152 2

MMA:2oz G/B:2sv WG

Maple Baked Beans

162 0 0 0 0 285 34 7 11 7 62 0 88 3

V:1/2c L

SunSet Sip Juice

45 0 0 0 0 15 11 0 10 0 150 60 0 0

V:1/2c RO

	Diced Peaches	62	0	0	0	0	6	15	1	13	2	18	2	4	0	F:1/2c	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
05-16-2018	POT LUCK!																
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
05-17-2018																	
	RANCH TURKEY BURGER	148	8	2	0	41	327	4	0	1	15	21	1	73	2	MMA:2oz	
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0		
	CRISPY CHICKEN FILLET ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG	
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0		
	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG	
	French Fries	155	6	1	0	0	45	24	0	0	2	0	10	0	0	V:3/4c S	
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
05-18-2018																	
	ROTINI BAKE WITH MEATSAUCE ^	297	8	3	0	27	529	38	3	7	18	36	0	172	2		
	Breadstick ^	100	1	0	0	0	135	20	2	2	4	0	6	20	1	G/B:1sv WG	
	CHEESE PIZZA ^	331	11	5	0	23	583	39	3	2	16	68	0	414	2	MMA:1.5oz G/B:2.5sv WG V:1/4c RO	
	Green Beans	30	0	0	0	0	2	6	2	2	1	21	10	33	1	V:1/2c O	
	Diced Pears	66	0	0	0	0	6	16	2	12	2	0	1	6	0	F:1/2c	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
05																	

	CHICKEN NUGGETS WITH POTATO ROUNDS ^	279	14	3	0	44	484	22	2	0	17	38	3	0	0	MMA:2oz G/B:1sv WG V:1/4c S
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	PEPPERONI PIZZA ^	340	12	5	0	26	709	39	3	2	16	52	0	341	2	MMA:1.5oz G/B:2.5sv WG V:1/4c RO
	SunSet Sip Juice	45	0	0	0	0	15	11	0	10	0	150	60	0	0	V:1/2c RO
	Diced Peaches	62	0	0	0	0	6	15	1	13	2	18	2	4	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
05-22-2018	VEGETARIAN CHILI WITH BEANS	172	1	0	0	0	882	32	7	8	10	47	3	61	3	MMA:2oz V:1/2c RO
	Corn Muffin ^	220	7	1	0	0	239	37	3	11	4	2	0	60	1	G/B:2sv WG
	MINI CORN DOGS ^	259	13	3	0	40	369	31	2	11	12	0	66	100	2	MMA:2oz G/B:2sv WG
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	French Fries	155	6	1	0	0	45	24	0	0	2	0	10	0	0	V:3/4c S
	Orange Juice	56	0	0	0	0	1	13	0	10	1	27	48	11	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
05-25-2018***NOTE date change!	CHEESE PIZZA ^**will be served 5/25/18**	374	14	7	0	31	658	40	3	3	20	91	0	517	2	MMA:2oz G/B:2.5sv WG V:1/4c RO
	TURKEY HAM & CHEESE SANDWICH ^	295	13	6	0	55	700	16	1	3	17	60	1	179	1	MMA:2oz G/B:2sv WG
	Crunchy Celery Sticks	5	0	0	0	0	26	1	0	1	0	7	1	13	0	V:1/4c O
	Light Ranch Dressing	30	2	0	0	5	55	2	0	1	0	0	0	0	0	
	Broccoli Florets	9	0	0	0	0	8	2	0	0	1	47	29	15	0	V:1/2c DG
	Fresh Fruit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	05-24-2018	BBQ CHICKEN	194	5	2	0	55	453	17	0	10	22	49	1	14	0
HOMESTYLE SALISBURY STEAK W/GRAVY		150	6	1	0	34	584	7	0	1	16	12	0	24	1	MMA:2oz
Baby Carrots		16	0	0	0	0	35	4	1	2	0	1880	1	15	0	V:1/4c RO
Light Ranch Dressing		30	2	0	0	5	55	2	0	1	0	0	0	0	0	
Hamburger Bun ^		140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
Maple Baked Beans		162	0	0	0	0	285	34	7	11	7	62	0	88	3	V:1/2c L
Fresh Fruit		0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c
Choice of Milk		121	1	1	0	8	139	19	0	17	8	493	0	302	0	

05-23-2018***NOTE
date change!

TACO MEAT *will be served on 5/23/18***	173	6	1	0	33	782	12	1	2	17	292	2	43	2	
CHICKEN TENDERS WITH POTATO WEDGES ^	313	17	2	0	25	409	24	4	1	16	30	2	0	2	MMA:2oz G/B:1sv WG V:1/4c S
BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
Garden Vegetables	56	0	0	0	0	34	12	3	4	2	397	14	22	1	V:1/4c S V:1/4c RO
Tortilla Chips ^	120	4	0	0	0	105	18	2	0	2	0	0	20	0	G/B:1.25sv WG
Pineapple Tidbits	68	0	0	0	0	2	16	1	14	2	4	10	14	0	F:1/2c
Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

8															
MEMORIAL DAY	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

Meal Contributions : M/MA = Meat/Meat Alternate F = Fruit V = Vegetable G/B = Grain/Bread W/G = Whole Grain
 Vegetable Types : DG = Dark Green R/O = Red/Orange L = Legumes S = Starchy O = Other

	Mustard									
	Mixed Vegetables									
	Grape Juice									
	Choice of Milk	X								
05-10-2018										
	POT LUCK!									
		Choice of Milk	X							
05-11-2018										
	PEPPERONI PIZZA ^	X						X	X	
	CHICKEN DIPPERS W/TOMATO PARMESAN SAUCE ^	X						X	X	
	Breadstick ^							X	X	
	Broccoli Florets									
	Light Ranch Dressing	X	X					X		
	Fresh Fruit									
	Choice of Milk	X								
05-14-2018										
	PIZZA DIPPERS ^	X	X					X	X	
	Marinara Dipping Sauce	X						X		
	POPCORN CHICKEN ^							X	X	
	BBQ Sauce							X		
	Country Blend Vegetables									
	Mixed Fruit Cup									
	Choice of Milk	X								
05										

