

APRIL LUNCH

KIDS COMMUNITY COLLEGE CHARTER L2 - Lunch K-8

Monday	Tuesday	Wednesday	Thursday	Friday
March 29, 2021	March 30, 2021	March 31, 2021	April 1, 2021	April 2, 2021
			MINI CORN DOGS ^ Diced Carrots Baked Beans Fresh Pear Mayo Mustard Ketchup Choice of Milk	NO SCHOOL
April 5, 2021	April 6, 2021	April 7, 2021	April 8, 2021	April 9, 2021
HERO SANDWICH ^ Tropical Veggie Juice Applesauce Mustard Choice of Milk	TURKEY TACOS Wild White Nacho Doritos^ Fiesta Beans Corn Mixed Fruit Salsa Choice of Milk	CRISPY CHICKEN PATTY ^ Bun ^ Romaine Salad Baby Carrots Ranch Dressing Diced Peaches BBQ Sauce Choice of Milk	*BREAKFAST FOR LUNCH* PANCAKES & SAUSAGE ^ Potato Wedges Apple-Cranberry Juice Syrup Mustard Ketchup Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Sun Splash Veggie Juice Green Beans Fresh Orange Choice of Milk
April 12, 2021	April 13, 2021	April 14, 2021	April 15, 2021	April 16, 2021
TURKEY & CHEESE ON A BUN^ Tropical Veggie Juice Diced Peaches Mayo Choice of Milk	*NEW ITEM* CHILI MAC ^ Fritos ^ Broccoli Diced Pears Choice of Milk	CRISPY CHICKEN PATTY ^ Bun ^ French Fries Orange Juice Ranch Dressing Ketchup Choice of Milk	CRUNCHY CHICKEN TENDERS ^ Baked Beans Baby Carrots Ranch Dressing Fresh Apple BBQ Sauce Mustard Ketchup Choice of Milk	CHEESE PIZZA ^ Diced Carrots Fresh Banana Choice of Milk
April 19, 2021	April 20, 2021	April 21, 2021	April 22, 2021	April 23, 2021
BEEF BOLOGNA & CHEESE SANDWICH^ Tropical Veggie Juice Applesauce Mustard Choice of Milk	TACO TATER TOT-CHOS Tortilla Chips ^ Golden Potato Rounds Diced Peaches Mustard Ketchup Choice of Milk	CRISPY CHICKEN PATTY ^ Bun ^ Mixed Vegetables Fresh Pear Chipotle Ranch Choice of Milk	MINI CORN DOGS ^ Romaine Salad Baby Carrots Ranch Dressing Mixed Fruit Mustard Ketchup Vanilla Cookie ^ Choice of Milk	PIZZA DIPPERS ^ Marinara Dipping Sauce Baked Beans Fresh Banana Choice of Milk
April 26, 2021	April 27, 2021	April 28, 2021	April 29, 2021	April 30, 2021
HERO SANDWICH ^ Tropical Veggie Juice Mixed Fruit Mayo Choice of Milk	CHEESEBURGER Bun ^ Broccoli Orange Juice Mustard Ketchup Choice of Milk	CRISPY CHICKEN PATTY ^ Bun ^ Diced Carrots Sun Splash Veggie Juice Diced Peaches Mayo Choice of Milk	CHICKEN NUGGETS ^ Baked Beans Baby Carrots Ranch Dressing Fresh Apple Honey Mustard Mustard Ketchup Choice of Milk	CHEESE PIZZA ^ French Fries Fresh Orange Ketchup Choice of Milk

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

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	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-07-2021	MAC & CHEESE ^	358	14	8	0	37	828	39	2	9	24	12	1	479	1	MMA:2oz G/B:1sv WG
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Romaine Salad	0	0	0	0	0	0	0	0	0	0	4	0	0	0	V:1/2c DG BW-PLANT
	Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0	
	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	04-08-2021	*BREAKFAST FOR LUNCH*	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PANCAKES & SAUSAGE ^		290	14	4	0	40	400	28	3	6	15	0	0	89	2	MMA:2.25oz G/B:2sv WG
HOT DOG		130	11	4	0	30	450	2	0	1	5	0	0	0	0	MMA:2oz
Hot Dog Bun ^		110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG
Potato Wedges		150	4	0	0	0	50	25	3	0	3	0	6	0	1	V:3/4c S
Apple-Cranberry Juice		60	0	0	0	0	15	13	0	12	0	0	0	0	0	F:1/2c BW-PLANT
Syrup		80	0	0	0	0	10	20	0	10	0	0	0	0	0	
Mustard		5	0	0	0	0	20	0	0	0	0	0	0	0	0	
Ketchup		10	0	0	0	0	45	2	0	1	0	0	0	0	0	
Choice of Milk		121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-09-2021	PIZZA DIPPERS ^	280	12	5	0	20	560	28	2	4	18	2000	0	360	2	MMA:2oz G/B:2sv WG
	Marinara Dipping Sauce	76	4	0	0	0	305	9	0	0	2	16	0	5	0	V:1/2c RO BW-PLANT
	BEEF RIB-B-QUE	202	12	4	0	48	445	10	1	5	17	39	0	30	2	MMA:2oz
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
	Green Beans	30	0	0	0	0	2	6	2	2	1	21	10	33	1	V:1/2c O BW-PLANT
	Fresh Orange	61	0	0	0	0	0	15	3	12	1	14	69	52	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-12-2021	TURKEY & CHEESE ON A BUN ^	265	6	2	0	45	720	28	2	5	24	0	0	129	2	MMA:2oz G/B:2sv WG
	Tropical Veggie Juice	90	0	0	0	0	45	23	0	22	0	750	60	0	0	V:3/4c O BW-PLANT

	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT	
	Mayo	90	9	2	0	10	45	1	0	0	0	0	0	2	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
04-13-2021																	
	NEW ITEM	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	CHILI MAC ^	382	15	8	0	38	860	43	5	8	24	66	4	393	3	MMA:2oz G/B:1sv WG V:1/8c RO V:1/4c O	
	Fritos ^	120	8	1	0	0	125	12	0	0	1	0	0	20	0	G/B:1sv WG	
	CHEESEBURGER	180	13	6	0	48	290	3	1	0	16	0	0	115	1	MMA:2.5oz	
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG	
	Broccoli	37	0	0	0	0	34	7	4	2	4	74	80	80	1	V:3/4c DG BW-PLANT	
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT	
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0		
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0		
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		
04-14-2021																	
	MEATBALL SUB	226	12	4	0	35	485	14	1	1	14	46	1	45	1	MMA:2oz V:1/2c RO	
	Hot Dog Bun ^	110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG	
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG	
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG	
	French Fries	155	6	1	0	0	45	24	0	0	2	0	10	0	0	V:3/4c S BW-PLANT	
	Orange Juice	60	0	0	0	0	20	14	0	13	0	0	30	0	0	F:1/2c BW-PLANT	
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0		
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0		
Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0			
04-15-2021																	
	CRUNCHY CHICKEN TENDERS ^	260	15	2	0	25	390	16	3	1	15	30	0	0	2	MMA:2oz G/B:1sv WG	
	HOT DOG	130	11	4	0	30	450	2	0	1	5	0	0	0	0	MMA:2oz	
	Hot Dog Bun ^	110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG	
	Baked Beans	192	1	0	0	0	285	37	7	8	10	1	0	76	3	V:1/2c L BW-LPP BW-HF	
	Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO	
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0		
	Fresh Apple	64	0	0	0	0	1	17	3	13	0	4	6	7	0	F:1c BW-PLANT	
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0		
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0		
Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0			

04-16-2021	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	CHEESE PIZZA ^	341	17	10	0	41	449	28	3	6	20	0	0	312	2	MMA:2oz G/B:2sv WG V:1/4c RO
	BBQ CHICKEN	162	3	2	0	37	383	17	0	10	17	49	1	14	0	MMA:2oz V:1/4c RO BW-LPP
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Diced Carrots	38	0	0	0	0	64	9	3	4	1	770	5	30	0	V:1/2c RO BW-PLANT
	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-19-2021	BEEF BOLOGNA & CHEESE SANDWICH^	290	12	4	0	30	448	34	3	5	14	32	1	118	2	MMA:2oz G/B:2sv WG
	Tropical Veggie Juice	90	0	0	0	0	45	23	0	22	0	750	60	0	0	V:3/4c O BW-PLANT
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-20-2021	TACO TATER TOT-CHOS	343	20	7	0	42	1034	27	3	2	14	206	2	127	2	MMA:2oz V:1/4c RO V:1/2c S
	Tortilla Chips ^	120	4	0	0	0	105	18	2	0	2	0	0	20	0	G/B:1.25sv WG
	CHARBROILED HAMBURGER	140	10	4	0	40	150	2	1	0	12	0	0	40	1	MMA:2oz
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Golden Potato Rounds	215	11	2	0	0	592	27	3	1	3	0	2	0	0	V:3/4c S BW-PLANT
	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-21-2021	CHEESY PENNE BAKE ^	316	9	5	0	34	603	40	2	8	19	140	0	114	1	MMA:2oz G/B:1sv WG V:1/2c RO
	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Mixed Vegetables	94	0	0	0	0	84	20	4	6	4	386	3	27	1	V:1/4c RO V:1/2c S BW- PLANT
	Fresh Pear	0	0	0	0	0	0	0	0	0	0	0	0	0	0	F:1/2c BW-PLANT
	Chipotle Ranch	30	2	0	0	5	55	2	0	1	0	30	0	0	0	
Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0		

	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-28-2021	MEATLOAF W/TOMATO SAUCE	161	9	4	0	30	256	7	1	1	13	97	2	27	2	MMA:2.25oz V:1/4c RO
	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
	Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
	Diced Carrots	38	0	0	0	0	64	9	3	4	1	770	5	30	0	V:1/2c RO BW-PLANT
	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	Mayo	90	9	2	0	10	45	1	0	0	0	0	0	2	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	04-29-2021	CHICKEN NUGGETS ^	225	12	2	0	44	475	12	1	0	16	38	0	0	0
HOT DOG		130	11	4	0	30	450	2	0	1	5	0	0	0	0	MMA:2oz
Hot Dog Bun ^		110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG
Baked Beans		192	1	0	0	0	285	37	7	8	10	1	0	76	3	V:1/2c L BW-LPP BW-HF
Baby Carrots		20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
Ranch Dressing		15	1	0	0	0	85	0	0	1	0	0	0	0	0	
Fresh Apple		64	0	0	0	0	1	17	3	13	0	4	6	7	0	F:1c BW-PLANT
Honey Mustard		80	6	1	0	10	125	7	0	5	0	0	0	0	0	
Mustard		5	0	0	0	0	20	0	0	0	0	0	0	0	0	
Ketchup		10	0	0	0	0	45	2	0	1	0	0	0	0	0	
Choice of Milk		121	1	1	0	8	139	19	0	17	8	493	0	302	0	
04-30-2021		CHEESE PIZZA ^	341	17	10	0	41	449	28	3	6	20	0	0	312	2
	POPCORN CHICKEN ^	252	14	3	0	22	383	15	3	1	15	109	0	0	2	MMA:2oz G/B:1sv WG
	French Fries	155	6	1	0	0	45	24	0	0	2	0	10	0	0	V:3/4c S BW-PLANT
	Fresh Orange	61	0	0	0	0	0	15	3	12	1	14	69	52	0	F:1/2c BW-PLANT
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

Meal Contributions : M/MA = Meat/Meat Alternate F = Fruit V = Vegetable G/B = Grain/Bread W/G = Whole Grain
Vegetable Types : DG = Dark Green R/O = Red/Orange L = Legumes S = Starchy O = Other
BeWell Types : BW-PLANT = Plant-Based BW-GF = Good Fat BW-LPP = Lean/Plant Protein BW-LS = Less Sugar
BW-HF = High Fiber Food BW-PRO = Probiotics

	Hot Dog Bun ^	X						X	X	
	Baked Beans									
	Baby Carrots									
	Ranch Dressing	X	X					X		
	Fresh Apple									
	BBQ Sauce							X		
	Mustard									
	Ketchup									
	Choice of Milk	X								
04-16-2021										
	CHEESE PIZZA ^	X						X	X	
	BBQ CHICKEN							X		
	Bun ^	X						X	X	
	Diced Carrots									
	Fresh Banana									
	Choice of Milk	X								
04-19-2021										
	BEEF BOLOGNA & CHEESE SANDWICH^	X						X	X	
	Tropical Veggie Juice									
	Applesauce									
	Mustard									
	Choice of Milk	X								
04-20-2021										
	TACO TATER TOT-CHOS	X						X		
	Tortilla Chips ^									
	CHARBROILED HAMBURGER		X					X		
	Bun ^	X						X	X	
	Golden Potato Rounds							X		
	Diced Peaches									
	Mustard									
	Ketchup									
	Choice of Milk	X								

04-21-2021	CHEESY PENNE BAKE ^	X								X
	Breadstick ^								X	X
	CRISPY CHICKEN PATTY ^								X	X
	Bun ^	X							X	X
	Mixed Vegetables									
	Fresh Pear									
	Chipotle Ranch	X	X							
	Choice of Milk	X								

04-22-2021	*GLOBAL BITES*									
	BEEF GYRO		X						X	X
	Pita Bread ^									X
	MINI CORN DOGS ^		X						X	X
	Romaine Salad									
	Baby Carrots									
	Ranch Dressing	X	X						X	
	Mixed Fruit									
	Mustard									
	Ketchup									
	Vanilla Cookie ^								X	X
	Choice of Milk	X								

04-23-2021	BBQ PULLED PORK								X	
	Bun ^	X							X	X
	PIZZA DIPPERS ^	X	X						X	X
	Marinara Dipping Sauce	X							X	
	Baked Beans									
	Fresh Banana									
	Choice of Milk	X								

04-26-2	HERO SANDWICH ^	X							X	X
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	Tropical Veggie Juice								
	Mixed Fruit								
	Mayo		X					X	
	Choice of Milk	X							
04-27-2021									
	CHICKEN ALFREDO PASTA ^	X						X	X
	Breadstick ^							X	X
	CHEESEBURGER	X	X					X	
	Bun ^	X						X	X
	Broccoli								
	Orange Juice								
	Mustard								
	Ketchup								
	Choice of Milk	X							
	04-28-2021								
MEATLOAF W/TOMATO SAUCE								X	X
CRISPY CHICKEN PATTY ^								X	X
Bun ^		X						X	X
Diced Carrots									
Sun Splash Veggie Juice									
Diced Peaches									
Mayo			X					X	
Choice of Milk	X								
04-29-2021									
	CHICKEN NUGGETS ^							X	X
	HOT DOG								
	Hot Dog Bun ^	X						X	X
	Baked Beans								
	Baby Carrots								
	Ranch Dressing	X	X					X	
	Fresh Apple								
Honey Mustard		X							

